



LE GOUVERNEMENT
DU GRAND-DUCHÉ DE LUXEMBOURG
Ministère de l'Éducation nationale,
de l'Enfance et de la Jeunesse

Service national de la jeunesse

GOOD TO KNOW



PERFECT MATCH CHOOSING YOUR AU PAIR WISELY

BE MINDFUL THAT

- An au pair is a young person from abroad who lives with a host family for a limited time for a cultural exchange.
- The au pair is provided with accommodation and meals by the host family. In return, he/she helps with childcare and small household tasks.
- The young person should have the opportunity to improve language skills and experience a new culture through the au pair program.
- Typically, the young person comes from a cultural and familial background that may differ significantly from what you are familiar with.
- You should be able to provide the environment and opportunity for them to have this enriching au pair experience.

To do this, it is important to carefully consider and take the necessary time as a family to determine what motivates you to welcome a young person into your home.






TAKE YOUR TIME TO FULLY EXPERIENCE THIS UNIQUE OPPORTUNITY


Communicate to the young person what defines your host family


- Regular family activities
- Your eating habits
- Children's bedtime hours
- Family outings and trips the au pair can accompany you on




Explain to the children what it means to welcome an au pair. They will also welcome a new member into the family, who will have to leave after one year at the latest.

Consider your expectations for the au pair


- 
- Does he/she need experience with older or younger children?
 - Do you need specific language skills, or are you looking for an au pair from a particular country?



List key elements that contribute to an optimal cultural exchange for the au pair.




Take your time! Experience shows that an average of three months is needed to find an au pair that suits you.



Plan not only one but several face-to-face exchanges with your future au pair. Feel free to use video conferencing tools like Zoom, Facetime, Skype, or others.



If possible, also plan an exchange with a member of their original family.



If applicable, ask the young person for recommendation letters from their employers or teachers.



You also have the right to request a criminal record check.

ASK THE RIGHT QUESTIONS!

01 The au pair's motivation and the languages he/she wants to learn or further develop

- How do you imagine your ideal host family?
- Why did you choose Luxembourg?
- Why do you want to join our family?
- Why did you decide to become an au pair?
- Have you previously served as an au pair? If so, how was the experience, and what memories stand out to you?
- What languages do you speak and at what level, and which ones do you want to develop?

02 Activities and tasks of the au pair

- What activities do you enjoy doing with children?
- Do you have a driver's license, and are you an experienced driver? Do you have knowledge of driving manual or automatic?

03 Leisure and holidays

- Would you be willing to accompany us on vacation? If yes, would you be willing to continue taking care of the children during the trip?
- How do you imagine organizing your own holidays during your stay in Luxembourg?
- What hobbies do you want to pursue in your free time?

04 Lifestyle

- Are you a vegetarian/vegan?
- Do you follow a specific diet?
- Do you have any specific allergies or health problems we should be aware of?
- Do you smoke?
- Do you engage in sports?

05 Future plans

- What are your plans after your au pair year?

06 Personal situation

- Are you in a relationship? If yes, are you willing to have a long-distance relationship?
- Do you have children? If yes, do you have someone close who will take care of them during your absence? Are you willing to live apart from your child?
- How would you describe your personality? Are you more introverted or extroverted? Are you good at making contacts? Can you keep calm in difficult situations?

IS THE AU PAIR A GOOD FIT?

Note down what is important for your family and check if the au pair meets this need. This will allow you to have an objective assessment after your interview!

○
○
○
○
○
○
○
○
○
○
○
○
○
○
○

